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Zhonghui Nie,¹ Chiara Trovatello,² Eva A. A. Pogna,² Stefano Dal Conte,²,³ Paulo B. Miranda,⁴ Edmund Kelleher,⁵ Chunhui Zhu,¹ Ion Crisitan Edmond Turcu,¹ Yongbing Xu,¹ Kaihui Liu,⁶ Giulio Cerullo,²,³,a) and Fengqiu Wang¹,a)

¹School of Electronic Science and Engineering and Collaborative Innovation Center of Advanced Microstructures, Nanjing University, Nanjing 210093, China
²Dipartimento di Fisica, Politecnico di Milano, Piazza Leonardo da Vinci 32, I-20133 Milano, Italy
³Istituto di Fotonica e Nanotecnologie (IFN), CNR, Piazza Leonardo da Vinci 32, I-20133 Milano, Italy
⁴Instituto de Física de São Carlos, Universidade de São Paulo, P.O. Box 369, 13560-970 São Carlos-SP, Brazil
⁵Femtosecond Optics Group, Department of Physics, Imperial College London, SW7 2AZ, London, United Kingdom
⁶State Key Laboratory for Mesoscopic Physics, School of Physics, Peking University, Beijing 100871, China

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Due to their strong light-matter interaction, monolayer transition metal dichalcogenides (TMDs) have proven to be promising candidates for nonlinear optics and optoelectronics. Here, we characterize the nonlinear absorption of chemical vapour deposition (CVD)-grown monolayer MoSe$_2$ in the 720–810 nm wavelength range. Surprisingly, despite the presence of strong exciton resonances, monolayer MoSe$_2$ exhibits a uniform modulation depth of $\sim$80 ± 3% and a saturation intensity of $\sim$2.5 ± 0.4 MW/cm$^2$. In addition, pump-probe spectroscopy is performed to confirm the saturable absorption and reveal the photocarrier relaxation dynamics over hundreds of picoseconds. Our results unravel the unique broadband nonlinear absorptive behavior of monolayer MoSe$_2$ under ultrafast excitation and highlight the potential of using monolayer TMDs as broadband ultrafast optical switches with customizable saturable absorption characteristics. Published by AIP Publishing.

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Atomically thin transition metal dichalcogenides (TMDs) have received significant attention because of their unique low-dimensional physics.¹–⁶ Contrary to graphene, monolayer TMDs are semiconductors exhibiting a direct bandgap in the visible to near-infrared (NIR) range. The low dimensionality, strong quantum confinement, and greatly enhanced Coulomb interactions³,⁴ are responsible for many peculiar properties of TMDs, such as their giant nonlinear optical response.⁹ TMDs have been exploited to realize practical optoelectronic devices,⁷–¹⁰ such as LEDs,⁸ photodetectors,⁹ and ultrafast optical switches.¹⁰ In particular, saturable absorbers (SAs) based on TMDs have been widely used to generate ultrashort pulses by either Q-switching or mode-locking.¹¹–¹⁴ For instance, Woodward et al. reported that a free-standing multilayer MoS$_2$ SA, fabricated by liquid-phase exfoliation (LPE), can be adopted to Q-switch fiber lasers at 1060, 1550, and 1924 nm.¹⁵ TMD-based SAs usually employ liquid-processed nano-flakes in dispersions or in a polymeric matrix.¹¹–¹⁴ The nonlinear optical response of these samples has been found to be dependent on the flake size and thickness¹⁵ and is strongly affected by extrinsic crystal properties, such as layer inhomogeneities, impurities, and defects.¹⁶ These extrinsic factors lead to the existence of sub-bandgap, defect, or trap states, therefore making it difficult to achieve full control of the saturable absorption behavior of TMD-based SAs.

By contrast, chemical vapour deposition (CVD) grown monolayer TMDs exhibit synthesis scalability, better layer control, and much reduced defect densities. They represent a more desirable form for practical exploitation and have been applied in mode-locked lasers.¹⁷ On the other hand, the strong visible light absorption of monolayer TMDs, strongly renormalized by excitonic effects, makes their saturable absorption behavior in this wavelength region potentially more stable and controllable. Recently, few-layer TMDs have been reported as SAs for Q-switched visible lasers.¹⁸ To achieve mode-locked operation in the visible range, it is desirable to finely control the nonlinear optical response of the SAs. The intrinsic nonlinear absorption of monolayer TMDs around the excitonic resonances in the visible-NIR range, including the key parameters of SAs, i.e., modulation depth, saturation intensity, and recovery time, has yet to be experimentally characterized.

Here, we combine microscope-based nonlinear absorption and ultrafast degenerate pump-probe spectroscopy to study the nonlinear optical response of monolayer MoSe$_2$ in a broad wavelength region, covering the exciton peaks. Nonlinear absorption measurements reveal a large modulation depth and a desirably small saturation intensity. Interestingly, both figures of merit remain constant over the entire probed wavelength range. This behavior is remarkably different from that of other exciton-dominated low-dimensional systems, such as carbon nanotubes,¹⁹ and the uniform response allows us to precisely deduce the nonlinear absorption saturation from a simple linear absorption measurement. Ultrafast degenerate pump-probe spectroscopy is further performed to confirm saturation of absorption and to illustrate the overall transient behavior of monolayer MoSe$_2$. 
The monolayer MoSe$_2$ sample is grown on a SiO$_2$/Si substrate by CVD, and it is then transferred onto a silver mirror by a wet-transfer technique based on a sacrificial layer of poly-methyl-methacrylate (PMMA). It should be noted that in our investigation, we transfer the samples to a silver mirror to form a reflective geometry, just like the semiconductor saturable absorption mirror (SESAM). This would also allow us to directly probe the absorption feature of the MoSe$_2$ sample. The protective layer on the silver mirror is about 100 nm thick; therefore, the standing wave effect can be largely neglected. In fact, it is worth noting that the presence of the protective oxide can also serve as a buffer layer to avoid the effect of the diminishing electric field at the metallic surface. Without this layer, the ultra-thin MoSe$_2$ flakes would not effectively respond to the incident light intensity and it would be difficult to reveal optical features of the MoSe$_2$ from both linear and nonlinear absorption characterizations. Figure 1(b) shows an optical micrograph, highlighting the triangular islands of monolayer MoSe$_2$. The average lateral dimension of these monolayers is approximately 30–40 $\mu$m, larger than what is typically achieved using mechanical exfoliation, and atomic force spectroscopy (AFM) also indicates that the thickness of the sample is about 0.75 nm, consistent with previous reports. Figures 1(c) and 1(d) show the linear absorption, the photoluminescence (PL), and the Raman spectra of the sample, respectively. The linear absorption spectrum shows two peaks centered at 790 and 700 nm, corresponding to the A and B excitons, respectively. The PL peak of the samples is located at ~790 nm, and it corresponds to the radiative recombination of the lowest-energy exciton. The two distinct peaks observed in the Raman spectrum [Fig. 1(d)] correspond to the out-of-plane A$_{1g}$ and in-plane E$_{2g}$ vibrational modes. In our experiment, A$_{1g}$ and E$_{2g}$ peaks are at 240.9 cm$^{-1}$ and 287.8 cm$^{-1}$, consistent with the results previously obtained.

We first recorded the nonlinear optical response of monolayer MoSe$_2$, while tuning the pump wavelength through its excitonic resonance. Figure 2(a) shows the intensity dependent nonlinear reflectance of the sample measured using a single-pulse spectroscopy setup, shown in Fig. 1(a), coupled with a microscope, where a tunable Ti:Sapphire laser (80-MHz repetition rate, 150-fs pulse width) is focused on the sample by a 40× objective over a spot size of 2 $\mu$m and the portion of beam reflected by the sample is recorded using a photodiode. We found that monolayer MoSe$_2$ exhibits saturable absorption within the measured range. The absorption strongly depends on the intensity and as the excitation wavelength moves towards the exciton resonance, an increase in the change of reflectance is obtained. While the largest change in reflectance can reach 25% for on-resonance pumping (790 nm), this can be as low as 5% for the off-resonance wavelengths, for instance, at 812 nm.

Through Lambert-Beer’s law, the absorbance of monolayer MoSe$_2$, as shown in the inset of Fig. 2(b), can be calculated from the reflectance data. Then, the nonlinear absorption data as a function of the pumping intensity, $I$, are fitted using a simple two-level saturable absorption model that has been widely used:

$$\Delta = \frac{z_0}{z_0 + z_{ns}},$$

where $z(I)$ is the absorption coefficient, and $z_0$ and $z_{ns}$ represent the saturable and nonsaturable absorption components, respectively.

![FIG. 1. Characterization of monolayer MoSe$_2$ fabricated by CVD. (a) A schematic of the measurement setup. (b) Optical micrograph under white light illumination; the scale bar is 20 $\mu$m. (c) Photoluminescence and linear absorption spectrum and (d) Raman spectrum of the monolayer MoSe$_2$ flake.](image_url)
**Isat** is the saturation intensity, defined as the value of $I$ for which the saturable part of the absorption falls by one-half. It is found that, for all the wavelengths investigated, the modulation depth and the saturation intensity fall within the range of $\sim 80 \pm 3\%$ and $\sim 2.5 \pm 0.4 \text{ MW/cm}^2$, as shown in Fig. 2(b). The extracted parameters and their wavelength-independence demonstrate that monolayer MoSe$_2$ could act as an excellent SA in the measured spectral range. Compared with some TMD SAs based on LPE,$^{12,14}$ the saturation intensity of monolayer MoSe$_2$ is about two orders of magnitude lower while the modulation depth is appreciably higher.$^{11–15,18}$ The relatively large modulation depth observed here may be caused by the much smaller non-saturable loss of monolayer MoSe$_2$, compared to SAs based on LPE samples. This advantage has also been observed in monolayer graphene,$^{23,24}$ which shows a high modulation depth of $\sim 66.5\%$ and a saturation intensity $\sim 0.71 \text{ MW/cm}^2$ in the near-infrared frequency range.$^{23}$

Interestingly, the normalized absorption curves at different excitation photon energies almost completely overlap over the broad probed wavelength range, as it is shown in Fig. 2(b). This behavior is significantly different from that expected for systems characterized by high-binding energy excitons, e.g., single-walled carbon nanotubes, where the modulation depth, by contrast, exhibits a monotonic increase approaching the excitonic resonance. The observation of constant nonlinear absorption parameters across a broad optical spectrum has an important implication for the saturable absorber design: it allows us to deduce the nonlinear absorption behavior at an arbitrary wavelength simply from the linear absorbance value; i.e., using Eq. (1). The observed uniformity of the nonlinear absorption can be traced back to the excitation wavelength independent of the non-equilibrium optical response measured in monolayer TMDs.$^{25}$ As the pulse duration of the laser used is around 150 fs and it has been recently found that the exciton formation process occurs on the same or shorter time scale,$^{26}$ our uniform absorption therefore suggests highly similar thermalization dynamics over the wavelength investigated.

In addition to modulation depth and saturation intensity, a fundamental property defining the performances of a semiconductor SA is the recovery time. In particular, the dynamics of the onset of the mode-locking regime and the duration of the generated pulse are strongly dependent on the relaxation dynamics of the SA.$^{27}$ In order to characterize it, we monitor the relaxation to equilibrium of the monolayer MoSe$_2$ flakes by means of degenerate pump-probe spectroscopy. Tunable pump and probe pulses, with $\approx 10$-nm bandwidth and $\approx 100$-fs duration, are produced by an optical parametric amplifier pumped by a regeneratively amplified Ti:sapphire laser at a 2-kHz repetition rate.

Figure 3(a) shows the recorded normalized differential reflection signal $\Delta R/R(t)$ for a representative wavelength (760 nm, at the center of the investigated tuning range) as a function of the pump-probe time delay, for different incident pump intensities. The relaxation dynamics are best fitted with a triple-exponential decay function, with time constants ($\tau_1 = 621 \pm 13$ fs, $\tau_2 = 18 \pm 1$ ps, and $\tau_3 = 83 \pm 8$ ps)—slightly dependent on the excitation fluence—such that the system recovery is completed in less than 300 ps.$^{28}$ The differential reflection signal rises instantaneously within the 100 fs time resolution of the measurement, as shown in the inset of Fig. 3(a). The transient increase of reflection after photoexcitation has been attributed to both the bleaching of the exciton resonance due to Pauli blocking mechanism and photo-induced bandgap renormalization effects.$^{25}$ In this high excitation regime, still well below Mott’s transition threshold for TMDs,$^{29}$ several mechanisms for the decay of the photoinduced exciton population are active: exciton dissociation into free carriers,$^{30}$ interband recombination, and exciton-exciton annihilation.$^{31,32}$ The ultrafast decay process shows a longer relaxation time than that of LPE-based SAs, which can be an advantage in supporting self-starting operation of the mode-locking regime.$^{27}$

In addition to the extracted characteristic recovery time, pump-probe results confirm the strong saturable absorption of monolayer MoSe$_2$, as indicated by the observed sublinear absorption.
FIG. 3. Recovery time of monolayer MoSe$_2$ by degenerate pump-probe spectroscopy. (a) Differential reflection $\Delta R/R(t)$ of monolayer MoSe$_2$ measured with pump and probe pulses centered at 760 nm for different excitation energies. Differential reflectance signal in the first 10 ps in the inset; (b) the peak value of dynamics as a function of pump intensity.

trend of the signal with the pump intensity shown in Fig. 3(b). Upon increasing the pump intensity, the differential reflectance saturates and the curve also suggests a large modulation depth, similar to the measured value of the nonlinear absorption. It should be noted that for pump-probe spectroscopy, a relatively high saturation intensity of few GW/cm$^2$ is deduced from Fig. 3(b). Such a deviation of saturation intensities has been found in TMDs as well as other materials such as graphene.$^{17,23,24,33–35}$ Reference 33 provides a theoretical and experimental background supporting the consistency of the two different experimental determinations of saturation curves of SA. In the actual pump-probe measurement, the mismatch of the temporal and spatial overlap between pump and probe beams will result in higher intensity to reach saturation. In addition, the difference in the repetition rates of the laser used for the characterization (the 2 kHz for pump-probe and 76 MHz for the nonlinear absorption) may also have contributed to the difference in saturation intensity.$^{36}$

In summary, ultrafast nonlinear absorption of monolayer MoSe$_2$ under $\sim$150 fs pulse excitation reveals a highly uniform response where the same modulation depth ($80 \pm 3\%$) and saturation intensity ($2.5 \pm 0.4$ MW/cm$^2$) are found across the entire investigated frequency range, and pump-probe spectroscopy shows the hundred picoseconds recovery time of monolayer MoSe$_2$. Our results provide useful guidelines for the design of novel photonic devices, in particular, ultrafast lasers working in the visible range. We stress that these findings may be straightforwardly generalized to other semiconducting TMDs.

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